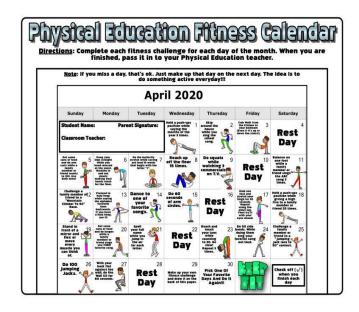
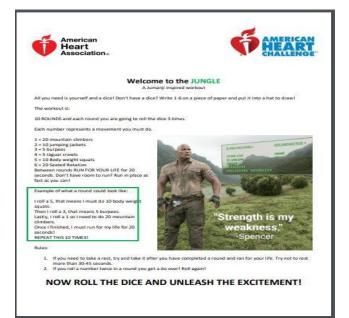
## PE Online Learning Grades 3-5

While you are home we want to make sure you keep moving and stay healthy! Get outside as much as you can and keep up with that healthy and active lifestyle!





## **Resources**

www.gonoodle.com

PE with Joe

**OPEN PE Active Home** 





## **Health Tips:**

- **Drink Water**
- Eat Healthy Foods
- Get Plenty of Rest
- Wash Your Hands!!!